Sympathetic Nervous System

- Mouth: salivation decreases
- Palms: skin sweats
- Lungs: bronchi dilate; breathe more rapidly, shallowly
- Heart: heartbeat speeds up
- Stomach and intestines: digestion is inhibited

Parasympathetic Nervous System

- Eyes: pupils dilate
- Palms: skin is dry
- Stomach and intestines: digestion is stimulated

Red touches yellow, you're a dead fellow!

Red touches black, you're okay, Jack.

- Eyes: pupils contract
- Mouth: salivation increases
- Lungs: bronchi constrict; breathe more slowly, deeply
- Heart: heartbeat slows down