Handout 10.3
Defense Mechanism Matching Game

Helga secretly loves Arnold, but she is really mean to him every time she sees him at school.

Justus treats Muriel very unkindly; she responds by working harder to keep the farmhouse clean and tidy.

Dee-Dee wins the school science contest and her brother Dexter says “She was just lucky that her teacher was one of the judges!”

Bart is in danger of failing English class but he tells his family that he is doing great.

Ginger is not doing well in math this term. She says, “The math teacher hates me!”

Homer quits his job at the nuclear power plant to become a “roadie” for a rock band. Though it pays far less, he says it is more fun and less stressful.

Stan is angry that Cartman lied. He tells Cartman that he knows he lied and decides to spend less time with him.

Lizzie lost the race to be Junior Prom Queen. She has been irritable and impatient with her friends for the past week.

Ed cheated in history class by looking at his best friend Eddy’s test paper without permission. He offers to help Eddy study for the next Math test.

Sponge Bob keeps “forgetting” that he owes Squidwird $50.00.

Answer Key:
Denial
Displacement
Sublimation
Undoing

Reaction Formation
Repression
Regression
No defense mechanism used ("coping")

Projection
Rationalization