Asthma Fears Prompt Infant Swimming Warning in Germany

by Kendra Kozen

On the heels of a number of studies linking swimming to respiratory issues, a German agency has become the first to recommend that children younger than 2 years old with a family history of allergies avoid indoor pools.

“One of the most important and clear recommendations is the need to limit exposure to indoor pools in children with a family history of allergies,” said Dr. Ingrid Chorus, with the UBA.

The warning is based on a study that suggest disinfection byproducts formed from the reaction of chlorine when combined with organic compounds may contribute to respiratory issues.

UBA tests detected airborne trichloramine concentrations at German indoor pools of up to 18.8 milligrams/cubic meter of air (mg/m³); however, 90 percent of all measured levels fell below the concentration of 0.50 mg/m³ recommended by the World Health Organization. Researchers found that in pools with high concentrations, ventilation did not comply with generally accepted technical rules and standards.

Agency officials are hoping to eventually get more information on whether or not long damage is actually done in early childhood and the extent to which it might lead to asthma.

“Trichloramine (TCA) is a strong irritant, with biochemical data as well as epidemiological evidence indicating that it is possibly a key factor in the induction of asthma, particularly if highly sensitive children under 2 years are exposed regularly. Scientific evidence, in other words, toxical evidence, is not quite at the point where a safe level of TCA can be given,” said Dr. Ingrid Chorus, with the UBA.

Also in the announcement, UBA President Jochen Fleischmann reiterated the importance of healthy swimming. “Swimming is healthy for children and adults alike, and so it is good for health, a thorough shower before swimming to help the water quality, and the health risks posed by trichloramine,” he said.

Fleischmann also called on indoor pool operators to use available water treatment technology. “Modern technology and public education to raise awareness can solve the problem instead of to minimize the health risks posed by chlorine reaction products,” he said.

Echoing the German position that more information is needed, U.S. experts’ reaction to the warning was mixed.

“We are not aware of any data showing a strong link between asthma in U.S. children and indoor swimming, or that existing data from Europe such as a potential link is strong enough to warrant telling parents not to allow their young children to use indoor swimming environments,” said Michael J. Beach, Ph.D., associate director for healthy water, National Center for Emerging and Zoonotic Infectious Diseases, Centers for Disease Control and Prevention. “However, writers of the Model Aquatic Health Code are currently aware of the need for improved water and air quality in indoor swimming environments, and the acute health effects due to exposure to these air contaminants are well documented.”

Mary Ostrowski, director, chlorine issues for the American Chemistry Council’s Chlorine Chemistry Division in Washington, D.C., reiterated Fleischmann’s call for healthy swimming and education. But Ostrowski said the German advisory is “highly precautionary.”

“As we state on the ACC Web site...there is no convincing evidence that swimming in chlorinated pools causes asthma in otherwise healthy people,” she added.

For his part, aquatics expert Tom Griffiths was not surprised to hear the warning.

“While early swimming lessons may in fact reduce drowning, I do believe it can cause a host of ear, nose, and throat and other problems…,” said the founder of Aquatic Safety Research Group in State College, Pa.

Hayward Pledges $1 M for VGBA Compliance

by Kendra Kozen

Hayward Pool Products is pledging up to $1 million in Hayward safety vacuum release systems (SVRS) to North American pools in need.

The Elizabeth, N.J.-based manufacturer’s “Safe Swimming Initiative” will assist public pools facing compliance challenges with the Virginia Graeme Baker Pool & Spa Safety Act because of budgetary issues. Public or nonprofit facilities serving populations that are underprivileged or have special needs will receive special consideration.

“There are many facilities serving underprivileged children, senior citizens, physically or mentally disabled citizens or other worthy causes. For whatever reason, they are not yet compliant and are at risk of not opening this spring. We want to help,” Kevin Potucek, Hayward’s vice president of product management said. He added that the intent is to serve as many facilities as possible and drive home the message that when it comes to VGBA compliance, “the sooner the better.”

The initiative, which Potucek said was in the works since last season, is estimated to benefit between 700 and 1,000 facilities. It is set to run through July 1 or until $1 million in products have been awarded, whichever comes first. Facility operators awarded product will be referred to registered installers.

VGBA came along at a time when budgets were decreasing and, as a result, the cost burden was huge and there are probably still a lot of operators who need this help, said Clay Shuck, deputy manager of recreation at South Suburban Parks and Recreation in Colorado.

“Anything that makes it easier for public pools to comply with the act is very helpful,” added Kathleen Reilly, CPSC public affairs specialist.

To submit a request for consideration in Hayward’s Safe Swimming Initiative visit haywardpool.com or aquaticsinf.com.